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# Harmful fungi in both Agriculture and Medicine

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Summary
 Most fungi are saprophytic and not pathogenic to plants, animals and humans. However, a relative few fungal species are phytopathogenic, cause disease (e.g., infections, allergies) in man, and produce toxins that affect plants, animals and humans. Among such fungi are members of the Aspergillus and *Fusarium* genera as well as other genera (e.g., Alternaria, Mucor) comprising the "emerging pathogen" group in humans. These fungi present a common threat to both agricultural production and the health of healthy and immunocompromised individuals. Taken together, these relative few fungi can cause huge economic losses to agriculture, loss of food for consumption, and serious, often fatal diseases in humans and animals. Plants may be a source of antifungal compounds since they have had to develop compounds to resist infections by fungi present in their environment.
 *Key words*

# Hongos patógenos communes en la Agricultura

Resumen La mayoría de los hongos son saprobios y no patógenos de plantas, animales y humanos. Sin embargo, un número relativamente pequeño de especies fúngicas son fitopatógenas, causan efermedad humana (por ejemplo, infecciones, alergias), y producen toxinas que afectan a plantas, animales y humanos. Entre los hongos patógenos están los miembros de los géneros *Aspergillus y Fusarium* junto con otros géneros (por ejemplo, *Alternaria, Mucor*) que son denominados "patógenos fúngicos emergentes". Estos hongos representan una amenaza común tanto para la producción agrícola como para la salud de las personas sanas o inmunodeficientes. En conjunto, estos hongos pueden causar enormes pérdidas económicas en la agricultura, pérdidas alimenticias por deterioro, y enfermedades humanas y animales graves, a menudo fatales. Las plantas pueden ser origen de estos compuestos antifúngicos porque éstos necesitan desarrollarlos para resistir las infecciones por hongos presentes en su ambiente.

Palabras clave Agricultura, Medicina, Patógeno, Aspergillus, Fusarium, Alternaria, Mucor

Fungi are ubiquitous in nature and vital for recycling of nutrients contained in organic matter. The vast majority of the known fungal species are strict saprophytes, although there are a few capable of causing disease in plants or humans. However, there are several fungal genera containing species that cause disease (e.g., infections, allergies, toxicity) in plants, animals and man. These fungi can be categorized into two groups in regards to infection: (1) saprophytic fungi which can be opportunistic pathogens that enter via wounds or due to a weakened state of the host and (2) true pathogens that may depend on living plant or human tissues for nutrients but can also sur-

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©2007 Revista Iberoamericana de Micología Apdo. 699, E-48080 Bilbao (Spain) 1130-1406/01/10.00 € vive outside of the hosts. This review covers fungal species that cause not only disease in plants and but also in humans. These fungi include *Aspergillus* and *Fusarium* as well as other phytopathogenic fungi now considered members of the "emerging pathogen" group in humans.

# Aspergillus

#### i) Plant pathogens

Plants have several levels of resistance (structural, innate, induced) to fungal infection. However, certain factors, such as heat stress insect damage and drought, weaken crop resistance to these fungi, and so play an important role in the fungal invasion of these crops and subsequent toxin production [3,41,137,179]. Moisture and seed nutrient content in the midrange of seed development provide optimum conditions for fungal development and toxin production [124].

The Aspergillus genus are saprophytes found worldwide in soil, forage products, food products, dust, organic debris and decomposing matter [82]. Although they are considered weak plant pathogens [82], there are two species, Aspergillus flavus and Aspergillus parasiti*cus*, which produce potent toxins (aflatoxins) on certain crops. Especially susceptible to these species are oilseeds and nuts such as peanuts, corn and cottonseed. *A. flavus* is the dominant of the two on corn and cottonseed [92,104]. In contrast, *A. parasiticus* is more prevalent on peanuts than on other crops [53] and, generally, constitute approximately 10 - 30% of the aflatoxin producing fungi on peanuts [92]. Corn hybrids having high oil content are at a greater risk for aflatoxin contamination than normal hybrids during some growing seasons [206].

# ii) Aflatoxin risk to humans and animals

Death due to aflatoxins has been reported in humans, animals and birds [82,237]. Aflatoxins were discovered after groundnut meal contaminated with these toxins killed over 10,000 turkeys ("turkey X disease") in England [199]. They are potent heptatotoxic, teratogenic, mutagenic and carcinogenic secondary metabolites [42,169] that contaminate crops worldwide, rendering them unsafe for consumption [57,118,202,252,258]. The four main aflatoxins (B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub>, and G<sub>2</sub>) are produced by *A. flavus*, *A. parasiticus* and *Aspergillus nominus* [3]. The letters "B" and "G" refer to the blue and green colors produced by these toxins on thin layer chromatography plates illuminated by UV light, while the numbers 1 and 2 correspond to the major and minor compounds, respectively [82,179]. Aflatoxins M<sub>1</sub> and M<sub>2</sub> are oxidative metabolic products of aflatoxins B<sub>1</sub> and B<sub>2</sub>, respectively, produced in animals and humans following ingestion of contaminated feed and appear in milk (animal and human), urine and feces [170].

Aflatoxin B<sub>1</sub>, a group I carcinogen, is approximately 4,000 times more carcinogenic than the mycotoxin, fumonisin B<sub>1</sub> [96,110], produced by *Fusarium verticillioides* (formerly *Fusarium moniliforme*). Since corn is of global importance as a food and feed crop, aflatoxin B<sub>1</sub> (AFB<sub>1</sub>) contamination of corn is considered the greatest mycotoxin health risk to humans [82,122]. In vitro, AFB<sub>1</sub> is biotransformed to the carcinogenic AFB<sub>1</sub>-8,9 epoxide [164]. Aflatoxins (B<sub>1</sub>, B<sub>2</sub> and M<sub>1</sub>) are implicated in severe equine hepatic necrosis and primary hepatocellular carcinoma in humans which is estimated to cause 250,000 deaths annually worldwide, especially in developing countries [96,122,247].

Processing of infected grains results in the release of airborne particulate matter that is contaminated with aflatoxins, thereby exposing the lungs of agricultural workers to these toxins [134,135]. In humans, inhaled AFB<sub>1</sub> can cause inflammation and eventually irreversible, debilitating, pulmonary interstitial fibrosis, a scarring of the lung tissues between the air sacs [60,129]. AFB<sub>1</sub> has been found in lung samples from patients with this disease [60]. In vitro, human pulmonary microsomes activate AFB<sub>1</sub> to form the exo-AFB<sub>1</sub>-8,9-epoxide [102]. It is possible that, under conditions in which the appropriate cytochromes are expressed in the lung, AFB<sub>1</sub> inhalation may increase the risk of lung cancer in exposed persons [234].

# iii) Animal infections

Aspergillus fumigatus is the most common etiologic agent of avian pulmonary aspergillosis, although A. flavus, Aspergillus niger, Aspergillus nidulans and Aspergillus terreus have also been isolated during Aspergillus-caused epizootics [6,159]. Infection occurs in the lungs of birds when spores are inhaled [6]. Factors contributing to Aspergillus epizootics in hatcheries include heavy contamination of the air or feed, immunosuppression or stress [38,174]. A. fumigatus and A. niger have been isolated from the lungs and cerebellum of chickens with aspergillosis [7,159]. Pulmonary infections caused by Aspergillus in chickens, known as "brooder's pneumonia", can result in large economic losses for poultry farmers [6,158].

# iv) Human infections

Though over 180 Aspergillus species are known, only four are commonly associated with invasive infection in humans [200,250]. These species include A. fumigatus, A. flavus, A. terreus and A. niger. Though saprophytic, they can cause infections in healthy individuals and, increasingly, are the causative agents of fatal opportunistic infections in immunocompromised patients. These fungi are ubiquitous worldwide and produce abundant amounts of asexual, haploid conidia, which are highly hydrophobic with very small diameters [15]. Their conidia are readily dispersed in air currents, thereby facilitating exposure [35,77,94]. Besides contacting the skin, eyes, and ears, these conidia are sufficiently small to be inhaled and lodge in all recesses of the lung, including the alveoli [15]. The innate immunity of healthy persons protects them from infection except in certain situations, such as trauma, where conidia may contaminate the wound. In cases where the immune system is weakened, the inhaled conidia can germinate and produce hyphae that invade the surrounding lung tissue, leading to the development of invasive pulmonary aspergillosis [13,227]. Invasive aspergillosis is a major cause of death in immunocompromised patients, with the associated mortality rate > 90% [48,180].

a) Aspergillus infections in healthy individuals. As with members of the genus Fusarium, some of the Aspergilli can cause infections in immunocompetent persons who may, or may not, suffer trauma. For example, Aspergillus can cause chronic sphenoid sinusitis, as well as the usually fatal intracranial invasive aspergillosis originating in the sphenoid sinus in healthy individuals [34,255]. Agricultural workers, especially in the third world, whose eyes are injured with subsequent contamination by organic matter, may develop corneal infections by *Aspergillus* species [22,226,253]. Trauma to nails may lead to infection (onychomycosis) by environmental, especially soil, fungi. Onychomycoses by nondermatophytic molds are considered uncommon although Aspergillus species are known to cause this disease worldwide [140,228]. The ear is another location of Aspergillus infections in the healthy individual. Local lesions in both the external and middle ear, as well as in postoperative cavities, can create favorable conditions for fungal growth and subsequent otomycosis caused by A. flavus, A. fumigatus and A. niger [101,112,156,168,235].

b) Aspergillus infections of immunocompromised patients. The immunocompromised host can also confront serious, often lethal, invasive and disseminated aspergillosis [116]. Invasive aspergillosis is a progressive, increasingly common and often fatal opportunistic infection particularly in severely neutropenic patients [45,47,250]. Ecologically, A. fumigatus is commonly found in countries with a temperate climate, whereas A. flavus is more prevalent in hot, tropical climates [37]. Although it is the least isolated of all airborne saprophytic fungal conidia [250], A. fumigatus is responsible for approximately 90% of all cases of pulmonary fungal infections [45,46]. Aspergillus flavus is less commonly found in pulmonary aspergillosis cases but does cause invasive disease at other sites [200]. Aspergillus terreus is another Aspergillus which can cause infections in immunocompromised patients. A molecular epidemiology study has implicated potted plants, present near patients in a hospital, as a source of A. terreus which

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caused lethal infections in nine patients undergoing myeloblative chemotherapy [114].

In addition to pulmonary involvement, *A. fumigatus* can also colonize other areas of immunocompromised hosts. Sino-orbital aspergillosis is a progressive, relentless, and usually fatal opportunistic infection in AIDS patients. In one study, all five patients studied developed sino-orbital aspergillosis caused by this fungus with intracranial extension development in four of them [100]. Mortality was eighty per cent.

The preponderance of *A. fumigatus* in such infections may be due to a genetic "reprogramming" that induces expression of specific genes required to change from a saprophyte to a human pathogen [82]. Melanin present in the conidia also plays a role in the evasion of host defense, by quenching oxidative metabolites produced by granulocytes that assist in the elimination of the conidia [91]. In addition, several virulence factors have been identified that could mediate *A. fumigatus* adherence to host tissues, invasion, and protection from host immune responses [116,149,183].

#### vi) Allergic responses to Aspergillus

Aspergillus species cause four distinct forms of respiratory hypersensitivity disorders; allergic bronchopulmonary aspergillosis, allergic Aspergillus sinusitis, IgE-mediated asthma and hypersensitivity pneumonitis [135,208]. Allergic bronchopulmonary aspergillosis patients were found to elicit a strong immediate-type reactivity to A. niger, A. fumigatus, A. flavus, A. terreus, and Aspergillus tamarii [19,135,209,213]. Aspergillus flavus is also known to cause allergic rhinosinusitis [222]. Sensitivity to these fungi commonly occur in both the natural environment [135] and working locations such as bakeries were large amounts of grain flour becomes airborne [212].

# Fusarium

# i) Plant pathogens

The genus Fusarium consists of septate filamentous fungi common in soil, marine or river environments, and on plants throughout the world [87]. Some are soil saprophytes while others are true plant pathogens. The phytopathogens of this genus are the most important toxigenic fungi on crops in the northern temperate regions [86,87]. They are responsible for several important plant diseases including vascular wilt, and pre- and post emergence blight, as well as root and stem rots [201]. Fusarium head blight (FHB) of small grain cereals and ear rot in maize cause significant loss of crops worldwide [97,166,182]. In wheat, this disease is caused by several Fusarium, species including Fusarium avenaceum, Fusarium graminearum, Fusarium culmorum and Fusarium poae [62,97]. Fusarium avenaceum, Fusarium sporotrichioides, F. poae as well as Fusarium oxysporum are the causative agents of FHB in barley and often lead to significant grain loss worldwide [36,216]. Infection of the grain results in economic loss due to shrunken grain heads, with loss of milling and malting quality. Infected grains are also contaminated by potent toxic secondary metabolites (described below) produced by these fungi [36,197,216].

*Fusarium oxysporum* and *Fusarium solani* cause wilt and root rot [78] in a number of crops including peas [150], cotton [50,215,244], as well as ornamentals, small fruits and cucurbits [65,154,245]. *Fusarium solani* is considered the major plant pathogen of its genus though it can also cause disease in humans [217,261]. This fungus cau-

ses sudden death syndrome in soybeans and green beans [79]. The major symptoms of this disease include root rot, crown and leaf necrosis, pod abortion, and vascular discoloration of roots and stems [153,193,194].

# ii) *Fusarium* toxins: affect on human and animal health

*Fusarium* species are commonly found on cereal grains where growth of these fungi, in addition to contamination by their toxins, can render these grains unsafe for consumption [108,141,195].

*Fusarium* mycotoxins are considered one of the five major mycotoxin groups affecting human health [179]. F. oxysporum and F. verticillioides (formerly known as F. moniliforme) produce fumonisins that are cytotoxic to several mammalian cell lines [2,205]. Fumonisins are found in corn and corn-based foods worldwide [30] and their production is directly correlated to climate and rainfall [8] especially where drastic changes in rainfall and relative humidity patterns can result in physiological stress [3,157,231,239]. Their mode of action may involve competition with sphingosine in sphingolipid metabolism [185]. The disruption of sphingolipid metabolism by fumonisins, as well as folate transport and neural tube development in embryo culture, suggests that these mycotoxins play a role in diseases affecting human neural tube development in populations consuming fumonisin-contaminated maize [32,132]. They are reported to induce equine leukoencepha-Iomalacia and pulmonary edema in swine [70,71,89,131]. Fumonisins are also implicated in esophageal cancer after being found in homegrown maize in an area of the Transkei region of South Africa which has a high-incidence of this disease [220].

Certain *Fusarium* species produce the types A and B trichothecenes [62]. The type A trichothecenes include T-2, HT-2, T-2 triol, T-2 tetraol, neosolaniol, di- and 15-monoacetoxyscirpenol (DAS, MAS), and scirpentriol. T-2 is the most important toxin of the group since it inhibits eukaryotic protein synthesis and is very toxic to leucocytes, resulting in immunosuppression [86,256].

Type B trichothecenes include nivalenol, deoxynivalenol (DON), 3- and 15-acetylDON, fusarenon-X, zearalanone and its two derivatives,  $\alpha$ - and  $\beta$ -zearalanone [201]. These toxins affect the immune system of laboratory animals, resulting in increased susceptibility to various microbial diseases [176]. Fumonisin B<sub>1</sub> is immunotoxic to swine alveolar macrophages, as shown by a dramatic decrease in mRNA content [126]. Fusarium graminearum produces DON (also known as vomitoxin) which causes vomiting and feed refusal in swine [51,179]. DON disrupts normal cell function by inhibiting protein synthesis via binding to the ribosome and by activating critical cellular kinases involved in signal transduction related to proliferation, differentiation and apoptosis [176]. In humans, the symptoms of DON toxicity include anorexia, nausea, vomiting, headache, abdominal pain, diarrhea, chills, giddiness, and convulsions [259]. DON is also known to be a potent inducer of human lymphocyte cytokine production [138]. In vitro, DON, fusarenol-X, nivalenol and T-2 exert an immunosuppressive effect on human peripheral blood mononuclear cells [21]. T-2 toxin, in vitro, is also cytotoxic to human B and T lymphoid cell lines [142]. Ingestion of type A and B trichothecenes present in contaminated grains may lead to secondary infections due to their immunosuppressive properties [21].

Nivalenol is reported to be genotoxic in the mouse gastrointestinal tract [230]. This toxicity is attributed to its ability to inhibit protein biosynthesis in eukaryotic cells by interfering with ribosomal functions [28]. Nivalenol toxicity is considered to be similar to, or somewhat greater than, DON [177].

Zearalenone is an estrogenic toxin produced by *F. graminearum* and related species [179]. On wheat, *F. graminearum* produces zearalenone which causes genital problems in domestic farm animals, especially pigs [179]. This toxin has a serious affect on livestock reproduction due to its estrogenic activity [51] and is implicated in precocious pubertal changes in children [109].

# iii) Allergic and immunotoxic diseases due to *Fusarium*

During harvesting and handling of grains, aerosolized grain dusts are produced which may contain Fusarium species as well as their toxins [108]. Fusarium avenaceum, F. culmorum, F. graminearum, F. poae and F. sporotrichioides and their toxins (DON, moniliformin, nivalenol, vomitoxin, zearlanone, T-2) can be present in the airborne dusts of contaminated cereal grains [4,18,43,63,97,119,178]. Inhalation of these toxins by agricultural workers may lead to the development of debilitating diseases such as bronchial asthma, allergic alveolitis, allergic rhinitis, atopic conjunctivitis, organic dust toxic syndrome, and chronic fatigue-like syndrome [108,113]. In addition to these toxins, Fusarium allergens are most likely present. Fusarium solani contains several allergens of different molecular weights that react to the serum of patients sensitive to many fungi [160,236].

#### iv) Fusarium infections in humans

Several *Fusarium* species are opportunistic pathogens in patients who are immunocompetent but with superficial or deep tissue injury, or, immunocompromised with hematologic malignancies, aplastic anemia or undergoing chemotherapy treatment [40,115]. Disseminated *Fusarium* infection is almost exclusively encountered in immunocompromised individuals, particularly in neutropenic cancer patients submitted to intensive cytotoxic treatment and/or to bone marrow transplantations [133].

a) Fusarium infections in immunocompetent patients. Fusarium infections occur in healthy individuals as a result of tissue damage due to direct trauma or the presence of a foreign object. Fusarium infections are the most common cause of fungal keratitis worldwide [52,55,80,148,152,221] followed by Aspergillus [33,49,59,111,165,218,232] and Candida [192,221]. Fusarium keratitis is a suppurative, usually ulcerative, disease that may also occur in immunodepressed patients [80,225]. The epidemiological pattern of *Fusarium* keratitis varies by country, with climate appearing to play a crucial factor in determining the predominance of certain species [55]. Fusarium dimerum, a plant rot pathogen (e.g. figs), is known to cause keratitis [241]. One study noted that members of the F. solani group were the predominant agents of Fusarium keratitis followed by F. verticilliodies, F. dimerum and members of the F. oxysporum group [152]. In vitro, 76% of these isolates produced the mycotoxins fusaric acid and moniliformin [152]. In vitro cytotoxicity data suggests that these mycotoxins may play a role in the pathogenesis of *Fusarium* keratitis infections [152]. F. moniliforme, which produces fumonisin B<sub>1</sub>, is another member of this genus reported to cause keratitis [217]. Fusarium keratitis is difficult to treat, especially that caused by F. solani, has a worse prognosis than keratitis produced by other fungi, and often results in rapid corneal sloughing and serious vision loss [184].

*Fusarium* may infect the nails and skin of healthy persons. *Fusarium* onychomycosis occurs when nails are dystrophic, have been traumatized, or already infected with dermatophytes [14]. However, *Fusarium* onychomycosis is uncommon, with the most common reported species being *F. oxysporum*, and *F. solani* [74,76,83]. *Fusarium* infections also occur in burn patients where it is sometimes fatal [115]. One source of these fungi may be in water used by the patients. One study indicated that the water system of a hospital served as the reservoir for *F. oxysporum* and *F. solani* found causing infections in the resident patients [9].

**b**) *Fusarium* infections of immunocompromised patients. *Fusarium* species cause disseminated disease in severely immunocompromised patients and have emerged in some centers as the second most common pathogenic mold after *Aspergillus* in high-risk patients with haematological cancer, recipients of solid organ and allogenic bone marrow or stem cell transplants (26,52,107,155,198]. Disseminated fusariosis is a life-threatening disease whose outcome is highly influenced by immune status [52].

In general, invasive fusariosis is caused by three species, *F. solani*, *F. oxysporum* and *F. verticillioides* (formerly *F. moniliforme*), although in approximately one-third of invasive fusariosis cases the species was unidentified [80,133,171,204]. *Fusarium solani* infections may become disseminated in stem cell transplantation patients [210]. Although rare, the cereal pathogens *F. dimerum* and *F. chlamydosporum*, are reported to cause localized and disseminated infection in immunocompromised patients [12,17,121,204].

The most important risk factor for the development of disseminated fusariosis is profound and prolonged aplasia [80]. Symptoms of disseminated *Fusarium* infection include persistent fever refractory to antibiotics, skin lesions, and pneumonia. This is a highly fatal infection that merges fungemia with multiple organ injuries such as in the lung, liver, spleen, kidney, and heart [99,210]. Mortality of immunocompromised patients having fusariosis ranges from 50% to 80% [26,52,99,155].

The incidence of fungal pneumonias, where *Fusarium* is the etiologic agent, has increased greatly in recent years. Inhalation of *Fusarium* spores can lead to pulmonary infections in immunocompromised individuals [80,249]. Leukemia is, by far, the most frequent underlying disease leading to *Fusarium* pneumonia [80,133]. *Fusarium solani* is the most common isolate in such cases [242] followed by *F. oxysporum* and *F. verticilliodies*. Other *Fusarium* species are rarely involved, although *F. chlamydosporum*, *F. proliferatum*, and *F. anthophilum* have been reported involved in fungal pneumonia [133,200]. Clinical isolates of *F. solani* produce cyclosporin A, an immunosuppressive compound, which may a role in the pathogenesis of this fungus [217].

#### **Dematiaceous fungi**

Dematiaceous fungi are characterized by the presence of pale brown to dark melanin-like pigments in the cell wall [68]. Some dematiaceous fungi are considered emerging pathogens in man, where they cause morbidity and mortality in an expanding immunocompromised patient population [243]. This group includes species of *Alternaria, Curvularia*, and *Cladosporium* which are phytopathogens, causing rots and seed damage, and produce a number of phytotoxic metabolites that also affect mammalian cells. They produce a wide range of diseases including phaeohyphomycosis, chromoblastomycosis, and eumycotic diseases [27]. These fungi are the third most common cause of keramycosis after *Aspergillus* and *Fusarium* [69,251]. Melanin, as mentioned above, also plays an important role in their evasion of host defenses [243].

#### Alternaria

## i) Phytopathogenicity

Alternaria alternata is a seed pathogen of cereals, such as sorghum and wheat, where fungal growth causes surface discoloration initially, followed by breakdown of the seed components [90,123,246]. This reduces the grain yield, viability, and quality as well as nutritional and economic values [188]. Alternaria tenuis, Alternaria brassicola and Alternaria oleracea are recognized as spoilage organisms causing rot of vegetables such as tomatoes, peppers, cucurbits and leafy crucifers [229].

#### ii) Alternaria mycotoxins

Alternaria species produce mycotoxins belonging to three different structural groups: (1) dibenzopyrone derivatives of alternariol, alternariol methyl ether and alternuene; (2) the perylene derivatives alteroxins (ATX-I and II); and (3) the tetramic acid derivative, tenuazonic acid [123]. These toxins contaminate grains, sunflower seeds and decayed fruits worldwide [10,44,123,203,219,248]. The *Alternaria* toxins are cytotoxic, in vitro, to mammalian and bacterial cells and are fetotoxic and teratogenic in mice and hamsters [240]. These toxins are known to block synthesis of sphingolipid by inhibiting the rate-limiting enzyme, ceramide synthase though they are not as active as fumonisin B<sub>1</sub> in this regard [233].

The A. alternata group also produces plant specific phytotoxins [162]. Perhaps the most interesting of this toxin group is AAL-toxin produced by Alternaria alternata f. sp. lycopersici. This toxin, structurally similar to fumonisin B<sub>1</sub>, causes necrotic lesions in genetically susceptible tomato lines [75,144].

#### iii) Alternaria in human infections

As with Aspergillus and Fusarium, the members of the Alternaria genus are widespread in the environment worldwide [27]. However, Alternaria is not as commonly found in infections of healthy individuals as are Aspergillus and Fusarium. Alternaria alternata and Alternaria tenuissima are the most frequent agents of human infection, although six other species have been implicated [27].

Alternaria alternata is known to produce onychomycosis in healthy individuals [11,73,190,214]. However, the most common Alternaria infections occur in immunocompromised patients. In such patients, A. alternate and A. tenuissima can cause skin infections [5,136,172,187,190,191], keratomycosis [260], and sinonasal infections [147].

# iv) Sensitization caused by Alternaria

Alternaira alternata is one of the molds most frequently observed to produce type I allergies in both an indoor or outdoor environment, especially in warm climates [127]. This mold, as well as *A. tenuis*, is known to produce asthma and allergic conjunctivitis worldwide [93,125,143]. Several epidemiological studies have shown that sensitization to *A. alternata* is widespread, with between three and four percent of assayed patients in the United States and Scandinavia having a positive reaction upon challenge [72,128].

# Curvularia

# i) Phytopathogenicity

The genus *Curvularia* is comprised of 40 saprophytic members. Of these, only a few are phytopathogenic. *Curvularia lunata* infects grains such as sorghum, wheat (kernel smudge), and corn (leaf spot). As with *Alternaria*, *Curvularia* reduces yield, seed quality, and deterioration of the endosperm and embryo [151]. This genus produces a number of cytotoxic mycotoxins including the brefeldins and curvulins which are discussed below.

#### ii) Curvularia infections in man

Curvularia lunata may infect healthy persons upon trauma to the eye or skin, resulting in fungal corneal keratitis [251], onychomycosis, skin ulcerations and subcutaneous mycetoma [66,254]. Curvularia species are the most common group of dematiaceous fungi isolated from patients with mycotic keratitis in the southern United States [251]. The onset of Curvularia induced keratitis is clustered in warm, humid months [251]. In comparison, Curvularia keratitis is less severe and of slower progression, than that caused by Fusarium [224]. Curvularia may also infect the paranasal sinus [61,98]. Systemic infections are rare in immunocompetent persons [189]. However, in immunocompromised individuals, various Curvularia species can cause often serious and systemic infections with dissemination being common [196]. Infections may develop into phaeohyphomycosis [196], mycetoma [27], and a rapid form of invasive sinusitis [186].

Brefeldin and curvularin, toxins produced by *Curvularia*, affect several mammalian metabolic processes. Nitric oxide (NO) plays an important role in the immune response as a regulatory and cytotoxic effector molecule [24,103]. Brefeldin-A, a 13-carbon macrolide lactone, is known to disrupt intracellular protein transport in animal cells [173]. In vitro, brefeldin-A selectively and reversibly interferes with the generation of endothelial-derived hyperpolarizing factor in native and cultured endothelial cells [16]. S14-95 and S-curvularin, toxins produced by *Curvularia* as well as several other fungi, inhibit in vitro production of a synthase (inducible NO synthase) responsible for NO production in human cells [257].

#### iii) Hypersensitivity to Curvularia

Members of the *Curvularia* genus contain allergens that are highly reactive in humans. *Curvularia lunata* is considered a major problem in respiratory allergic disorders [84,181]. The clinical and pathologic features of allergic sinusitis caused by *C. lunata* are identical to those of allergic *Aspergillus* sinusitis [130]. Many *C. lunata* sensitive patients show positive skin tests with allergens of other fungi, such as the six other *Curvularia* species, *A. alternata* and *Epicoccum nigrum*, whose allergenic proteins have strong cross-reactivity with *C. lunata* proteins [84,85].

#### Cladosporium

Members of the *Cladosporium* genus are ubiquitous in the environment and can be isolated from many sources, including dead organic matter, woody plants soil, straw, paint and textiles. One species, *Cladosporium cladosporioides*, can be pathogenic in both plants and humans.

# i) Phytopathogenicity

*Cladosporium* species cause spoilage of freshly harvested vegetables, resulting in great economic losses [229]. They enter plant tissue after mechanical or chilling injuries or after the plant skin barrier has been compromised by other organisms [229]. *Cladosporium cladosporioides* causes decay in fruits, vegetables and other agricultural products, especially after harvesting. In addition to post harvest infection, *C. cladosporioides* can cause grape rot in the vineyard [39].

# ii) Human infections

*Cladosporium cladosporioides* can cause the cutaneous form of phaeohyphomycosis in healthy and immunocompromised individuals [58,81,238]. Phaeohyphomycosis is characterized by the presence of dematiaceous septate hyphae, sometimes yeasts, or a combination of both in tissues such as the skin, brain or bone. Generally, phaeohyphomycosis can be controlled by surgical excision and drugs (amphotericin B, itraconazole, or 5-fluoroctyosine).

#### iii) Allergic response to Cladosporium

Positive skin tests have linked patients, suffering from allergic rhinitis and asthma, to *C. cladosporioides* [23,223]. Hypersensitivity to this fungus is IgG, not IgE, mediated and involves the outer wall layer of the spores [20,167].

#### Other fungi

## Colletotrichum

#### i) Phytopathogenicity

*Colletotrichum* is distributed worldwide and is considered one of the most serious phytopathogenic fungal genera [31]. Genus members cause field anthracnose, resulting in major economic losses of many crops such as cereals, legumes, coffee and rubber [117]. Two of the phytopathogenic species are also human pathogens. One of these, *Colletotrichum gloeosporioides*, affects many crops of agricultural importance throughout the world. It is the etiological agent of anthracnose, resulting in serious economic and crop losses of strawberry [95,211], yams [1], and mango [56].

The other phytopathogen of this group affecting human health is *Colletotrichum coccodes*, an increasingly important potato pathogen. This fungus causes tuber blemish (black dot disease) and foliar disease [120]. Losses from this disease occur in potatoes destined for the growing market for fresh, prepackaged potatoes, which demands tubers with a high quality appearance [120]. The majority of the disease reports originate in North America, Europe and Australia [88,145]. This fungus is also pathogenic on several plants in the *Solanaceae* and *Curcurbitaceae* groups [54].

# ii) Colletotrichum infections in humans

*Colletotrichum* infections mainly occur in immunocompromised patients, although healthy persons are also infected when the skin barrier is compromised [31]. *Colletotrichum gloeosporioides* can cause keratitis in both healthy and immunocompromised persons [67]. Both *C. gloeosporioides* and *C. coccodes* can induce phaeohyphomycosis in patients with hematologic malignancies and iatrogenic immunosuppression [161].

# Mucorales

## i) Phytopathogenicity

*Mucor* and *Rhizopus* are members of the Mucorales group containing pathogens of both plants and humans. They are found throughout the world and in many types of climates and terrain. These fungi cause rot in fruits both in the field and post harvest. Mechanical injury during harvesting and post harvest handling provide a site of infection by these fungi [29]. *Mucor piriformis* causes decay of cherries on the tree as well as rot of apples stored under humid conditions [25,139]. *Rhizopus arrhizus* causes a wet, juicy rot of grapes in warm, wet climates [39]. In humid weather the fungus can spread to other berries in the grape cluster causing bunch rot.

#### ii) Human infections

*Rhizopus, Absidia, Rhizomucor* and *Mucor* are harmless to persons in good health, but cause opportunistic infections in immunosuppressed patients or those suffering from trauma, such as wounds and burns [105]. In recent years, the clinical importance of mucormycosis has significantly increased [64]. Mucormycosis is a filamentous fungal infection most frequently arising in patients with hematologic malignancies [106,146,163]. Various species of *Mucor* and *R. arrhizus* are the predominant members of this group causing mucormycosis although other species are occasionally involved.

Patients having prolonged and profound neutropenia secondary to the myeloablative treatments used for the underlying hematologic malignancy are susceptible to mucormycosis [163]. It is most common in acute leukemia rather than in patients with other types of hematologic malignancies. Infection occurs when either those undergoing immunosuppression inhale conidia or when traumatized areas are contaminated. Rhino-cerebral, maxillofacial and pulmonary infections are the most common, although neutropenic patients are also at a high risk of developing a disseminated infection from these fungi [163]. The major blood vessels can be invaded where the fungus grows on the walls and lumen, causing thromboembolism, ischemia and necrosis of the tissues [207]. The infection is usually acute and progresses rapidly and has a mortality rate of about 70% [163].

### Conclusion

Fungi often infect crops either in the field after harvesting resulting in considerable economic losses to farmers and producers worldwide. When food and feed contaminated with fungi, and the toxins they may produce, are ingested by humans and/or animals, a wide variety of debilitating diseases can occur with some leading to death. Some of the major phytopathogens affecting food production also cause serious, and very often lethal, infections in man. Taken together, this rather small group of fungi affect the health and well being of millions of persons worldwide. Enormous economic losses can occur, both from agricultural losses and medical care costs. Research is needed to develop a series of novel antifungals targeted specifically for particular members of this multi-disease producing group. Successful development of such antifungal compounds could prove eventually useful in combating infectious and toxin-producing fungi in both the agricultural and medical fields. Plants may be a good source of such compounds since they have had to develop compounds to resist fungal infections.

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